



## 24. Fielmann Güstrower Cross-Duathlon

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08.10.2016 - 17:41:23

### Das Härteste im Norden (5-27-5) am 08.10.2016

#### Ergebnisliste

| Rng | Snr | Name, Vorname        | Verein/Ort               | Land | Jg | Ak  | Run | Bike  | Run | Endzeit |    |       |    |         |
|-----|-----|----------------------|--------------------------|------|----|-----|-----|-------|-----|---------|----|-------|----|---------|
| 1   | 123 | Grosser, Hendrik     | TuS Neukölln Berlin      | BE   | 81 | M35 | 1   | 20:27 | 3   | 1:08:49 | 1  | 21:19 | 2  | 1:50:35 |
| 2   | 141 | Gloyna, Kai          | TC Fiko Rostock          | MV   | 76 | M40 | 1   | 20:03 | 2   | 1:11:01 | 2  | 21:56 | 3  | 1:53:00 |
| 3   | 119 | Langfeld, Peter      | BSG-Siemens              | HH   | 72 | M40 | 2   | 19:49 | 1   | 1:17:53 | 10 | 20:55 | 1  | 1:58:37 |
| 4   | 42  | Leifer, Immanuel     |                          |      | 75 | M40 | 3   | 22:02 | 9   | 1:12:27 | 3  | 24:24 | 7  | 1:58:53 |
| 5   | 109 | Lenz, Torsten        | Tri Fun Güstrow          | MV   | 81 | M35 | 2   | 21:03 | 4   | 1:17:51 | 9  | 23:21 | 6  | 2:02:15 |
| 6   | 135 | Druska, Frank        | TV 06 Thalmässing        | BE   | 70 | M45 | 1   | 21:54 | 8   | 1:17:41 | 7  | 22:43 | 4  | 2:02:18 |
| 7   | 118 | Dittberner, Felix    | Tri-Sport Schwerin e.V.  | MV   | 82 | M30 | 1   | 22:21 | 11  | 1:17:37 | 6  | 23:04 | 5  | 2:03:02 |
| 8   | 132 | Becker, Christian    | Trisport Schwerin        | MV   | 67 | M45 | 2   | 22:48 | 14  | 1:15:58 | 5  | 25:19 | 13 | 2:04:05 |
| 9   | 140 | Alich, Tobias        | Lachs von Achtern        | MV   | 77 | M35 | 3   | 21:21 | 5   | 1:18:20 | 11 | 24:41 | 9  | 2:04:22 |
| 10  | 121 | Schmiedeberg, Lars   | Tri Fun Güstrow          | MV   | 70 | M45 | 3   | 21:45 | 6   | 1:15:56 | 4  | 27:01 | 22 | 2:04:42 |
| 11  | 130 | Hirthe, Gunnar       | Mühl Rosin               | MV   | 73 | M40 | 4   | 21:53 | 7   | 1:18:36 | 12 | 24:32 | 8  | 2:05:01 |
| 12  | 105 | Kausche, Moritz      | verduro.de               | MV   | 77 | M35 | 4   | 24:30 | 22  | 1:17:47 | 8  | 28:14 | 25 | 2:10:31 |
| 13  | 49  | Piotrowski, Clemens  |                          |      | 89 | M25 | 1   | 23:40 | 19  | 1:22:36 | 13 | 25:23 | 14 | 2:11:39 |
| 14  | 106 | Baumert, Torsten     | Neu Thulendorf           | MV   | 64 | M50 | 1   | 22:40 | 13  | 1:25:06 | 14 | 25:30 | 15 | 2:13:16 |
| 15  | 125 | Tesch, Ronny         | FC Sankt Pauli Triathlon | SH   | 78 | M35 | 5   | 23:37 | 17  | 1:25:43 | 17 | 25:09 | 10 | 2:14:29 |
| 16  | 114 | Stein, Sebastian     | Tri-Sport Lübeck         | SH   | 77 | M35 | 6   | 24:02 | 20  | 1:25:33 | 16 | 25:12 | 11 | 2:14:47 |
| 17  | 50  | Ruth, Lothar         |                          |      | 73 | M40 | 5   | 24:14 | 21  | 1:25:11 | 15 | 26:45 | 20 | 2:16:10 |
| 18  | 55  | Hellwig, Raik        | Radgiganten              | MV   | 77 | M35 | 7   | 22:04 | 10  | 1:29:05 | 19 | 25:17 | 12 | 2:16:26 |
| 19  | 139 | Alich, David         | Sam Hawkins World Tou    | SH   | 77 | M35 | 8   | 24:46 | 23  | 1:25:59 | 18 | 27:04 | 23 | 2:17:49 |
| 20  | 137 | Nickel, Jens         | TG triZack Rostock       | MV   | 66 | M50 | 2   | 24:47 | 24  | 1:29:05 | 19 | 27:00 | 21 | 2:20:52 |
| 21  | 112 | Rußbüldt, Gerald     | Tri Fun Güstrow          | MV   | 56 | M60 | 1   | 27:04 | 31  | 1:30:06 | 21 | 25:39 | 16 | 2:22:49 |
| 22  | 47  | Wigger, Mark         | RV-Rostock               | MV   | 80 | M35 | 9   | 22:35 | 12  | 1:32:08 | 24 | 28:23 | 26 | 2:23:06 |
| 23  | 101 | Berndt, Andreas      | Tri Fun Güstrow          | MV   | 83 | M30 | 2   | 23:06 | 15  | 1:34:00 | 26 | 26:11 | 18 | 2:23:17 |
| 24  | 133 | Bremer, Johannes     | ITEB                     | MV   | 88 | M25 | 2   | 25:34 | 28  | 1:32:02 | 23 | 26:33 | 19 | 2:24:09 |
| 25  | 120 | Pospischil, Lars     | TC Fiko Rostock          | MV   | 69 | M45 | 4   | 23:39 | 18  | 1:35:15 | 27 | 28:30 | 27 | 2:27:24 |
| 26  | 126 | Langfeld, Martin     | BSG-Siemens              | HH   | 63 | M50 | 3   | 25:02 | 27  | 1:35:49 | 28 | 27:15 | 24 | 2:28:06 |
| 27  | 44  | Müller, Robert       | TC Fiko Rostock          | MV   | 80 | M35 | 10  | 23:31 | 16  | 1:39:50 | 31 | 25:57 | 17 | 2:29:18 |
| 28  | 110 | Röbke, Niels         | Tri-Sport Lübeck         | MV   | 70 | M45 | 5   | 24:55 | 26  | 1:36:00 | 29 | 29:15 | 29 | 2:30:10 |
| 29  | 131 | Schwermer, Arno      | Neverin                  | MV   | 71 | M45 | 6   | 27:21 | 33  | 1:31:53 | 22 | 31:45 | 33 | 2:30:59 |
| 30  | 122 | Weber, Werner        | LG Küstenwald Warnem     | MV   | 50 | M65 | 1   | 28:55 | 34  | 1:33:12 | 25 | 28:57 | 28 | 2:31:04 |
| 31  | 104 | Scheer, Lars         | verduro.de               | MV   | 76 | M40 | 6   | 24:54 | 25  | 1:37:09 | 30 | 30:02 | 30 | 2:32:05 |
| 32  | 129 | Schneider, Christian | Lüneburg                 | NI   | 87 | M25 | 3   | 25:35 | 29  | 1:41:52 | 33 | 30:51 | 32 | 2:38:18 |
| 33  | 124 | Sauritz, Mathias     | Bülower Burg             | MV   | 80 | M35 | 11  | 26:08 | 30  | 1:46:21 | 35 | 30:33 | 31 | 2:43:02 |
| 34  | 51  | Glöckner, Michael    | SG 03 Ludwigslust        | MV   | 70 | M45 | 7   | 27:05 | 32  | 1:41:08 | 32 | 36:00 | 36 | 2:44:13 |
| 35  | 127 | Losch, Michael       | Tri Fun Güstrow          | MV   | 59 | M55 | 1   | 28:56 | 35  | 1:42:37 | 34 | 35:56 | 35 | 2:47:29 |
| 36  | 43  | Stoltenberg, Heiko   |                          |      | 69 | M45 | 8   | 31:39 | 36  | 2:01:25 | 37 | 34:07 | 34 | 3:07:11 |
| 37  | 134 | Borkowski, Steffen   | Formsache Wolgast        | MV   | 64 | M50 | 4   | 32:59 | 37  | 1:57:06 | 36 | 42:04 | 37 | 3:12:09 |
| dnf | 111 | Schmeiser, Mirko     | Halendorf                | SH   | 70 | M45 | -   | 28:11 | -   | 41:05   | -  | -     | -  | -       |
| dnf | 128 | Berth, Torsten       | Güstrow                  | MV   | 66 | M50 | -   | -     | -   | -       | -  | -     | -  | -       |
| dnf | 136 | Mohrman, Claus       | Triathlon Potsdam        | BB   | 69 | M45 | -   | 21:25 | -   | 51:50   | -  | -     | -  | -       |

### Das Härteste im Norden (5-27-5) am 08.10.2016

#### Ergebnisliste - Alterskl. 2 männl.

| Rng | Snr | Name, Vorname        | Verein/Ort | Land | Jg | Ak  | Run | Bike  | Run | Endzeit |   |       |   |         |
|-----|-----|----------------------|------------|------|----|-----|-----|-------|-----|---------|---|-------|---|---------|
| 1   | 49  | Piotrowski, Clemens  |            |      | 89 | M25 | 1   | 23:40 | 1   | 1:22:36 | 1 | 25:23 | 1 | 2:11:39 |
| 2   | 133 | Bremer, Johannes     | ITEB       | MV   | 88 | M25 | 2   | 25:34 | 2   | 1:32:02 | 2 | 26:33 | 2 | 2:24:09 |
| 3   | 129 | Schneider, Christian | Lüneburg   | NI   | 87 | M25 | 3   | 25:35 | 3   | 1:41:52 | 3 | 30:51 | 3 | 2:38:18 |



## Das Härteste im Norden (5-27-5) am 08.10.2016

### Ergebnisliste - Alterskl. 3 männl.

| Rng | Snr | Name, Vorname     | Verein/Ort              | Land | Jg | Ak    | Run     | Bike      | Run     | Endzeit |
|-----|-----|-------------------|-------------------------|------|----|-------|---------|-----------|---------|---------|
| 1   | 118 | Dittberner, Felix | Tri-Sport Schwerin e.V. | MV   | 82 | M30 1 | 22:21 1 | 1:17:37 1 | 23:04 1 | 2:03:02 |
| 2   | 101 | Berndt, Andreas   | Tri Fun Güstrow         | MV   | 83 | M30 2 | 23:06 2 | 1:34:00 2 | 26:11 2 | 2:23:17 |

## Das Härteste im Norden (5-27-5) am 08.10.2016

### Ergebnisliste - Alterskl. 4 männl.

| Rng | Snr | Name, Vorname    | Verein/Ort               | Land | Jg | Ak     | Run      | Bike       | Run      | Endzeit |
|-----|-----|------------------|--------------------------|------|----|--------|----------|------------|----------|---------|
| 1   | 123 | Grosser, Hendrik | TuS Neukölln Berlin      | BE   | 81 | M35 1  | 20:27 1  | 1:08:49 1  | 21:19 1  | 1:50:35 |
| 2   | 109 | Lenz, Torsten    | Tri Fun Güstrow          | MV   | 81 | M35 2  | 21:03 2  | 1:17:51 3  | 23:21 2  | 2:02:15 |
| 3   | 140 | Alich, Tobias    | Lachs von Achtern        | MV   | 77 | M35 3  | 21:21 3  | 1:18:20 4  | 24:41 3  | 2:04:22 |
| 4   | 105 | Kausche, Moritz  | verduro.de               | MV   | 77 | M35 4  | 24:30 9  | 1:17:47 2  | 28:14 9  | 2:10:31 |
| 5   | 125 | Tesch, Ronny     | FC Sankt Pauli Triathlon | SH   | 78 | M35 5  | 23:37 7  | 1:25:43 6  | 25:09 4  | 2:14:29 |
| 6   | 114 | Stein, Sebastian | Tri-Sport Lübeck         | SH   | 77 | M35 6  | 24:02 8  | 1:25:33 5  | 25:12 5  | 2:14:47 |
| 7   | 55  | Hellwig, Raik    | Radgiganten              | MV   | 77 | M35 7  | 22:04 4  | 1:29:05 8  | 25:17 6  | 2:16:26 |
| 8   | 139 | Alich, David     | Sam Hawkins World Tou    | SH   | 77 | M35 8  | 24:46 10 | 1:25:59 7  | 27:04 8  | 2:17:49 |
| 9   | 47  | Wigger, Mark     | RV-Rostock               | MV   | 80 | M35 9  | 22:35 5  | 1:32:08 9  | 28:23 10 | 2:23:06 |
| 10  | 44  | Müller, Robert   | TC Fiko Rostock          | MV   | 80 | M35 10 | 23:31 6  | 1:39:50 10 | 25:57 7  | 2:29:18 |
| 11  | 124 | Sauritz, Mathias | Bülower Burg             | MV   | 80 | M35 11 | 26:08 11 | 1:46:21 11 | 30:33 11 | 2:43:02 |

## Das Härteste im Norden (5-27-5) am 08.10.2016

### Ergebnisliste - Senioren 1

| Rng | Snr | Name, Vorname    | Verein/Ort      | Land | Jg | Ak    | Run     | Bike      | Run     | Endzeit |
|-----|-----|------------------|-----------------|------|----|-------|---------|-----------|---------|---------|
| 1   | 141 | Gloyna, Kai      | TC Fiko Rostock | MV   | 76 | M40 1 | 20:03 2 | 1:11:01 1 | 21:56 2 | 1:53:00 |
| 2   | 119 | Langfeld, Peter  | BSG-Siemens     | HH   | 72 | M40 2 | 19:49 1 | 1:17:53 3 | 20:55 1 | 1:58:37 |
| 3   | 42  | Leifer, Immanuel |                 |      | 75 | M40 3 | 22:02 4 | 1:12:27 2 | 24:24 3 | 1:58:53 |
| 4   | 130 | Hirthe, Gunnar   | Mühl Rosin      | MV   | 73 | M40 4 | 21:53 3 | 1:18:36 4 | 24:32 4 | 2:05:01 |
| 5   | 50  | Ruth, Lothar     |                 |      | 73 | M40 5 | 24:14 5 | 1:25:11 5 | 26:45 5 | 2:16:10 |
| 6   | 104 | Scheer, Lars     | verduro.de      | MV   | 76 | M40 6 | 24:54 6 | 1:37:09 6 | 30:02 6 | 2:32:05 |

## Das Härteste im Norden (5-27-5) am 08.10.2016

### Ergebnisliste - Senioren 2

| Rng | Snr | Name, Vorname      | Verein/Ort        | Land | Jg | Ak    | Run     | Bike      | Run     | Endzeit |
|-----|-----|--------------------|-------------------|------|----|-------|---------|-----------|---------|---------|
| 1   | 135 | Druska, Frank      | TV 06 Thalmässing | BE   | 70 | M45 1 | 21:54 2 | 1:17:41 3 | 22:43 1 | 2:02:18 |
| 2   | 132 | Becker, Christian  | Trisport Schwerin | MV   | 67 | M45 2 | 22:48 3 | 1:15:58 2 | 25:19 2 | 2:04:05 |
| 3   | 121 | Schmiedeberg, Lars | Tri Fun Güstrow   | MV   | 70 | M45 3 | 21:45 1 | 1:15:56 1 | 27:01 3 | 2:04:42 |
| 4   | 120 | Pospischil, Lars   | TC Fiko Rostock   | MV   | 69 | M45 4 | 23:39 4 | 1:35:15 5 | 28:30 4 | 2:27:24 |
| 5   | 110 | Röbke, Niels       | Tri-Sport Lübeck  | MV   | 70 | M45 5 | 24:55 5 | 1:36:00 6 | 29:15 5 | 2:30:10 |
| 6   | 131 | Schwermer, Arno    | Neverin           | MV   | 71 | M45 6 | 27:21 7 | 1:31:53 4 | 31:45 6 | 2:30:59 |
| 7   | 51  | Glöckner, Michael  | SG 03 Ludwigslust | MV   | 70 | M45 7 | 27:05 6 | 1:41:08 7 | 36:00 8 | 2:44:13 |
| 8   | 43  | Stoltenberg, Heiko |                   |      | 69 | M45 8 | 31:39 8 | 2:01:25 8 | 34:07 7 | 3:07:11 |
| dnf | 111 | Schmeiser, Mirko   | Halendorf         | SH   | 70 | M45 - | 28:11 - | 41:05 -   | - -     | -       |
| dnf | 136 | Mohrmann, Claus    | Triathlon Potsdam | BB   | 69 | M45 - | 21:25 - | 51:50 -   | - -     | -       |



## Das Härteste im Norden (5-27-5) am 08.10.2016

### Ergebnisliste - Senioren 3

| Rng | Snr | Name, Vorname      | Verein/Ort         | Land | Jg | Ak  | Run     | Bike      | Run     | Endzeit   |
|-----|-----|--------------------|--------------------|------|----|-----|---------|-----------|---------|-----------|
| 1   | 106 | Baumert, Torsten   | Neu Thulendorf     | MV   | 64 | M50 | 1 22:40 | 1 1:25:06 | 1 25:30 | 1 2:13:16 |
| 2   | 137 | Nickel, Jens       | TG triZack Rostock | MV   | 66 | M50 | 2 24:47 | 2 1:29:05 | 2 27:00 | 2 2:20:52 |
| 3   | 126 | Langfeld, Martin   | BSG-Siemens        | HH   | 63 | M50 | 3 25:02 | 3 1:35:49 | 3 27:15 | 3 2:28:06 |
| 4   | 134 | Borkowski, Steffen | Formsache Wolgast  | MV   | 64 | M50 | 4 32:59 | 4 1:57:06 | 4 42:04 | 4 3:12:09 |
| dnf | 128 | Berth, Torsten     | Güstrow            | MV   | 66 | M50 | - -     | - -       | - -     | - -       |

## Das Härteste im Norden (5-27-5) am 08.10.2016

### Ergebnisliste - Senioren 4

| Rng | Snr | Name, Vorname  | Verein/Ort      | Land | Jg | Ak  | Run     | Bike      | Run     | Endzeit   |
|-----|-----|----------------|-----------------|------|----|-----|---------|-----------|---------|-----------|
| 1   | 127 | Losch, Michael | Tri Fun Güstrow | MV   | 59 | M55 | 1 28:56 | 1 1:42:37 | 1 35:56 | 1 2:47:29 |

## Das Härteste im Norden (5-27-5) am 08.10.2016

### Ergebnisliste - Senioren 5

| Rng | Snr | Name, Vorname    | Verein/Ort      | Land | Jg | Ak  | Run     | Bike      | Run     | Endzeit   |
|-----|-----|------------------|-----------------|------|----|-----|---------|-----------|---------|-----------|
| 1   | 112 | Rußbüldt, Gerald | Tri Fun Güstrow | MV   | 56 | M60 | 1 27:04 | 1 1:30:06 | 1 25:39 | 1 2:22:49 |

## Das Härteste im Norden (5-27-5) am 08.10.2016

### Ergebnisliste - Senioren 6

| Rng | Snr | Name, Vorname | Verein/Ort           | Land | Jg | Ak  | Run     | Bike      | Run     | Endzeit   |
|-----|-----|---------------|----------------------|------|----|-----|---------|-----------|---------|-----------|
| 1   | 122 | Weber, Werner | LG Küstenwald Warnem | MV   | 50 | M65 | 1 28:55 | 1 1:33:12 | 1 28:57 | 1 2:31:04 |



## 24. Fielmann Güstrower Cross-Duathlon

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08.10.2016 - 17:44:25

### Jedermann (2,5-14-2,5) am 08.10.2016

#### Ergebnisliste

| Rng | Snr | Name, Vorname       | Verein/Ort                 | Land | Jg | Ak     | Run      | Bike       | Run       | Endzeit |
|-----|-----|---------------------|----------------------------|------|----|--------|----------|------------|-----------|---------|
| 1   | 41  | Schmiedeberg, Nils  | Tri Fun Güstrow            | MV   | 67 | mOK 1  | 10:13 1  | 37:52 2    | 11:52 1   | 59:57   |
| 2   | 48  | Basener, Marcel     | Soulrider e.V.             |      | 85 | mOK 2  | 11:32 4  | 37:00 1    | 13:23 8   | 1:01:55 |
| 3   | 26  | Schlosser, Albert   | Tri Fun Güstrow            | MV   | 98 | mOK 3  | 11:27 3  | 40:16 4    | 13:08 4   | 1:04:51 |
| 4   | 34  | Zimmermann, Axel    | Rostocker Ruderclub        | MV   | 68 | mOK 4  | 11:53 6  | 40:05 3    | 13:13 6   | 1:05:11 |
| 5   | 20  | Schommel, Sascha    | Trisport Schwerin          | MV   | 78 | mOK 5  | 12:33 11 | 41:04 5    | 13:25 9   | 1:07:02 |
| 6   | 33  | Schmidt, Martin     | Ein Herz für die Familie e | MV   | 84 | mOK 6  | 11:59 7  | 43:37 8    | 12:32 2   | 1:08:08 |
| 7   | 12  | Winkelmann, Olaf    | BSG Hamburg Wasser         | MV   | 70 | mOK 7  | 11:19 2  | 44:33 9    | 13:30 10  | 1:09:22 |
| 8   | 29  | Deißler, Alexander  | Tri-Sport Schwerin         | MV   | 73 | mOK 8  | 12:32 10 | 42:54 7    | 14:54 17  | 1:10:20 |
| 9   | 8   | Makus, Toni         | SV Turbine Neubranden      | MV   | 84 | mOK 9  | 12:52 14 | 42:53 6    | 14:47 15  | 1:10:32 |
| 10  | 5   | Klein, André        | Tri Fun Güstrow            | MV   | 79 | mOK 10 | 12:07 8  | 45:40 12   | 13:10 5   | 1:10:57 |
| 11  | 54  | Last, Torsten       | HSG Uni Greifswald         | MV   | 64 | mOK 11 | 13:12 17 | 45:02 10   | 14:10 11  | 1:12:24 |
| 12  | 45  | Thiel, Udo          | Tri-Sport Lübeck           | SH   | 71 | mOK 12 | 12:50 13 | 46:56 15   | 13:05 3   | 1:12:51 |
| 13  | 40  | Pahl, Enrico        | Bützow                     | MV   | 70 | mOK 13 | 12:37 12 | 46:26 14   | 14:53 16  | 1:13:56 |
| 14  | 32  | Limbach, Hannes     | Warin                      | MV   | 83 | mOK 14 | 13:52 19 | 45:42 13   | 14:32 14  | 1:14:06 |
| 15  | 28  | Mannigel, Christian | DeichLäufer                | MV   | 80 | mOK 15 | 11:41 5  | 50:24 19   | 13:21 7   | 1:15:26 |
| 16  | 46  | Piontek, Steffen    |                            |      | 74 | mOK 16 | 14:34 23 | 45:16 11   | 15:40 20  | 1:15:30 |
| 17  | 23  | Schmidt, Stefan     | Rostock                    | MV   | 81 | mOK 17 | 12:57 15 | 50:52 20   | 14:17 13  | 1:18:06 |
| 18  | 58  | Klewer, Anke        | TSV Quellenhaupt           |      | 79 | wOK 1  | 14:03 21 | 49:03 16   | 15:02 19  | 1:18:08 |
| 19  | 25  | Henze, Martin       | Neustrelitz                | MV   | 81 | mOK 18 | 13:11 16 | 50:15 17   | 14:55 18  | 1:18:21 |
| 20  | 59  | Materna, Cornell    |                            |      | 83 | mOK 19 | 12:21 9  | 52:14 24   | 14:11 12  | 1:18:46 |
| 21  | 15  | Priebe, Michael     | PaPriKa                    | MV   | 78 | mOK 20 | 13:44 18 | 51:26 21   | 16:10 23  | 1:21:20 |
| 22  | 21  | Schwanz, Heiko      | Fischerweg 29              | MV   | 73 | mOK 21 | 13:58 20 | 51:30 22   | 15:58 21  | 1:21:26 |
| 23  | 56  | Johannsen, Steffen  | Einzelkämpfer              |      | 75 | mOK 22 | 15:12 28 | 50:17 18   | 15:59 22  | 1:21:28 |
| 24  | 38  | Ksienzyk, Ralf      | MC Prisannewitz            | MV   | 68 | mOK 23 | 14:46 26 | 51:48 23   | 17:23 27  | 1:23:57 |
| 25  | 18  | Röse, Daniel        | Berlin                     | BE   | 78 | mOK 24 | 14:50 27 | 53:09 25   | 16:29 24  | 1:24:28 |
| 26  | 14  | Ebermann, Mona      | FC Rot-Weiß Wolgast        | MV   | 00 | W16 1  | 14:41 25 | 54:36 26   | 16:43 25  | 1:26:00 |
| 27  | 53  | Sprögel, Maren      | Psychoflitzer              |      | 68 | wOK 2  | 14:35 24 | 55:47 29   | 17:03 26  | 1:27:25 |
| 28  | 4   | Hanke, Thomas       | Ketzin                     | BB   | 59 | mOK 25 | - -      | - -        | 1:28:12 - | 1:28:12 |
| 29  | 52  | Hoche, Karl Heinz   |                            |      | 59 | mOK 26 | 16:16 29 | 55:08 27   | 17:46 29  | 1:29:10 |
| 30  | 30  | Skuthan, Heinz      | Ludwigslust                | MV   | 40 | mOK 27 | 18:09 31 | 56:46 30   | 18:39 30  | 1:33:34 |
| 31  | 10  | Karabinski, Ingo    | DLRG OG Stralsund          | MV   | 65 | mOK 28 | 17:48 30 | 55:36 28   | 20:17 31  | 1:33:41 |
| 32  | 17  | Paskowski, Björn    | PaPriKa                    | MV   | 79 | mOK 29 | 14:21 22 | 1:01:54 32 | 17:37 28  | 1:33:52 |
| 33  | 57  | Eickelberg, Niels   |                            |      | 78 | mOK 30 | 18:13 32 | 59:43 31   | 22:02 32  | 1:39:58 |
| dnf | 1   | Wollek, Karin       | Hennigsdorf                | BB   | 66 | wOK -  | 17:36 -  | - -        | - -       | -       |
| dnf | 3   | Stiller, Christian  | Hennigsdorf                | BB   | 78 | mOK -  | 17:37 -  | - -        | - -       | -       |

### Jedermann (2,5-14-2,5) am 08.10.2016

#### Ergebnisliste - Jugend A weibl.

| Rng | Snr | Name, Vorname  | Verein/Ort          | Land | Jg | Ak    | Run     | Bike    | Run     | Endzeit |
|-----|-----|----------------|---------------------|------|----|-------|---------|---------|---------|---------|
| 1   | 14  | Ebermann, Mona | FC Rot-Weiß Wolgast | MV   | 00 | W16 1 | 14:41 1 | 54:36 1 | 16:43 1 | 1:26:00 |

### Jedermann (2,5-14-2,5) am 08.10.2016

#### Ergebnisliste - Offene Klasse männl.

| Rng | Snr | Name, Vorname      | Verein/Ort                 | Land | Jg | Ak     | Run      | Bike     | Run      | Endzeit |
|-----|-----|--------------------|----------------------------|------|----|--------|----------|----------|----------|---------|
| 1   | 41  | Schmiedeberg, Nils | Tri Fun Güstrow            | MV   | 67 | mOK 1  | 10:13 1  | 37:52 2  | 11:52 1  | 59:57   |
| 2   | 48  | Basener, Marcel    | Soulrider e.V.             |      | 85 | mOK 2  | 11:32 4  | 37:00 1  | 13:23 8  | 1:01:55 |
| 3   | 26  | Schlosser, Albert  | Tri Fun Güstrow            | MV   | 98 | mOK 3  | 11:27 3  | 40:16 4  | 13:08 4  | 1:04:51 |
| 4   | 34  | Zimmermann, Axel   | Rostocker Ruderclub        | MV   | 68 | mOK 4  | 11:53 6  | 40:05 3  | 13:13 6  | 1:05:11 |
| 5   | 20  | Schommel, Sascha   | Trisport Schwerin          | MV   | 78 | mOK 5  | 12:33 11 | 41:04 5  | 13:25 9  | 1:07:02 |
| 6   | 33  | Schmidt, Martin    | Ein Herz für die Familie e | MV   | 84 | mOK 6  | 11:59 7  | 43:37 8  | 12:32 2  | 1:08:08 |
| 7   | 12  | Winkelmann, Olaf   | BSG Hamburg Wasser         | MV   | 70 | mOK 7  | 11:19 2  | 44:33 9  | 13:30 10 | 1:09:22 |
| 8   | 29  | Deißler, Alexander | Tri-Sport Schwerin         | MV   | 73 | mOK 8  | 12:32 10 | 42:54 7  | 14:54 17 | 1:10:20 |
| 9   | 8   | Makus, Toni        | SV Turbine Neubranden      | MV   | 84 | mOK 9  | 12:52 14 | 42:53 6  | 14:47 15 | 1:10:32 |
| 10  | 5   | Klein, André       | Tri Fun Güstrow            | MV   | 79 | mOK 10 | 12:07 8  | 45:40 12 | 13:10 5  | 1:10:57 |
| 11  | 54  | Last, Torsten      | HSG Uni Greifswald         | MV   | 64 | mOK 11 | 13:12 17 | 45:02 10 | 14:10 11 | 1:12:24 |



## 24. Fielmann Güstrower Cross-Duathlon

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### Jedermann (2,5-14-2,5) am 08.10.2016

#### Ergebnisliste - Offene Klasse männl.

| Rng | Snr | Name, Vorname       | Verein/Ort        | Land | Jg | Ak     | Run      | Bike       | Run       | Endzeit |
|-----|-----|---------------------|-------------------|------|----|--------|----------|------------|-----------|---------|
| 12  | 45  | Thiel, Udo          | Tri-Sport Lübeck  | SH   | 71 | mOK 12 | 12:50 13 | 46:56 15   | 13:05 3   | 1:12:51 |
| 13  | 40  | Pahl, Enrico        | Bützow            | MV   | 70 | mOK 13 | 12:37 12 | 46:26 14   | 14:53 16  | 1:13:56 |
| 14  | 32  | Limbach, Hannes     | Warin             | MV   | 83 | mOK 14 | 13:52 19 | 45:42 13   | 14:32 14  | 1:14:06 |
| 15  | 28  | Mannigel, Christian | DeichLäufer       | MV   | 80 | mOK 15 | 11:41 5  | 50:24 18   | 13:21 7   | 1:15:26 |
| 16  | 46  | Piontek, Steffen    |                   |      | 74 | mOK 16 | 14:34 22 | 45:16 11   | 15:40 19  | 1:15:30 |
| 17  | 23  | Schmidt, Stefan     | Rostock           | MV   | 81 | mOK 17 | 12:57 15 | 50:52 19   | 14:17 13  | 1:18:06 |
| 18  | 25  | Henze, Martin       | Neustrelitz       | MV   | 81 | mOK 18 | 13:11 16 | 50:15 16   | 14:55 18  | 1:18:21 |
| 19  | 59  | Materna, Cornell    |                   |      | 83 | mOK 19 | 12:21 9  | 52:14 23   | 14:11 12  | 1:18:46 |
| 20  | 15  | Priebe, Michael     | PaPriKa           | MV   | 78 | mOK 20 | 13:44 18 | 51:26 20   | 16:10 22  | 1:21:20 |
| 21  | 21  | Schwanz, Heiko      | Fischerweg 29     | MV   | 73 | mOK 21 | 13:58 20 | 51:30 21   | 15:58 20  | 1:21:26 |
| 22  | 56  | Johannsen, Steffen  | Einzelkämpfer     |      | 75 | mOK 22 | 15:12 25 | 50:17 17   | 15:59 21  | 1:21:28 |
| 23  | 38  | Ksienzyk, Ralf      | MC Prisannewitz   | MV   | 68 | mOK 23 | 14:46 23 | 51:48 22   | 17:23 24  | 1:23:57 |
| 24  | 18  | Röse, Daniel        | Berlin            | BE   | 78 | mOK 24 | 14:50 24 | 53:09 24   | 16:29 23  | 1:24:28 |
| 25  | 4   | Hanke, Thomas       | Ketzin            | BB   | 59 | mOK 25 | - -      | - -        | 1:28:12 - | 1:28:12 |
| 26  | 52  | Hoche, Karl Heinz   |                   |      | 59 | mOK 26 | 16:16 26 | 55:08 25   | 17:46 26  | 1:29:10 |
| 27  | 30  | Skuthan, Heinz      | Ludwigslust       | MV   | 40 | mOK 27 | 18:09 28 | 56:46 27   | 18:39 27  | 1:33:34 |
| 28  | 10  | Karabinski, Ingo    | DLRG OG Stralsund | MV   | 65 | mOK 28 | 17:48 27 | 55:36 26   | 20:17 28  | 1:33:41 |
| 29  | 17  | Paskowski, Björn    | PaPriKa           | MV   | 79 | mOK 29 | 14:21 21 | 1:01:54 29 | 17:37 25  | 1:33:52 |
| 30  | 57  | Eickelberg, Niels   |                   |      | 78 | mOK 30 | 18:13 29 | 59:43 28   | 22:02 29  | 1:39:58 |
| dnf | 3   | Stiller, Christian  | Hennigsdorf       | BB   | 78 | mOK -  | 17:37 -  | - -        | - -       | -       |

### Jedermann (2,5-14-2,5) am 08.10.2016

#### Ergebnisliste - Offene Klasse weibl.

| Rng | Snr | Name, Vorname  | Verein/Ort       | Land | Jg | Ak    | Run     | Bike    | Run     | Endzeit |
|-----|-----|----------------|------------------|------|----|-------|---------|---------|---------|---------|
| 1   | 58  | Klewer, Anke   | TSV Quellenhaupt |      | 79 | wOK 1 | 14:03 1 | 49:03 1 | 15:02 1 | 1:18:08 |
| 2   | 53  | Sprögel, Maren | Psychoflitzer    |      | 68 | wOK 2 | 14:35 2 | 55:47 2 | 17:03 2 | 1:27:25 |
| dnf | 1   | Wollek, Karin  | Hennigsdorf      | BB   | 66 | wOK - | 17:36 - | - -     | - -     | -       |



### Staffel (5-27-5) am 08.10.2016

#### Ergebnisliste Staffel

| Rng  | Snr | Mannschaft                | Teilnehmer 1    | Run   | Teilnehmer 2     | Bike    | Teilnehmer 3    | Run   | Endzeit |
|------|-----|---------------------------|-----------------|-------|------------------|---------|-----------------|-------|---------|
| 1    | 79  | adrenalineJunkies         | Naß,Tobias      | 21:22 | Kuntermann,Lukas | 1:08:44 | Naß,Tobias      | 22:07 | 1:52:13 |
| 2    | 73  | Radrookies                | Menning,Mario   | 21:55 | Luchs,Andreas    | 1:19:51 | Menning,Mario   | 23:30 | 2:05:16 |
| 3    | 77  | Altherrenband             | Kluck,Steffen   | 22:07 | Quest,Stephan    | 1:22:48 | Kluck,Steffen   | 22:12 | 2:07:07 |
| 4    | 80  | PiFie                     | Stohl,Daniel    | 23:10 | Kramer,Stephan   | 1:20:18 | Stohl,Daniel    | 24:13 | 2:07:41 |
| 5    | 76  | Team Rostock              | Bäumert,Bettina | 25:12 | Lein,Paul        | 1:20:28 | Bäumert,Bettina | 25:58 | 2:11:38 |
| 6    | 78  | Sportfreunde Heinz&Elsner | Elsner,Marc     | 21:48 | Heinz,Steffen    | 1:27:59 | Elsner,Marc     | 23:12 | 2:12:59 |
| 7    | 72  | Rocky Balboa              | Hinz,Thomas     | 24:11 | Greve,Jan        | 1:23:59 | Hinz,Thomas     | 25:26 | 2:13:36 |
| 8    | 70  | Underdogs                 | Westphal,Klaus  | 36:09 | Ehler,Marco      | 2:03:45 | Westphal,Klaus  | 37:43 | 3:17:37 |
| disq | 75  | PaPriKa 2                 | Anna,Ohlson     | 14:44 | Sandra,Kampf     | 1:02:34 | Anna,Ohlson     | 16:25 | 1:33:43 |